The isoperimetric problem

Tatiana Toro

University of Washington

Mathematics Sin Fronteras
Motivation

The isoperimetric problem, which dates back to the ancient Greeks, is to determine among all planar figures with fixed perimeter the one with the largest area.

The goal of the course is to prove that our guess is correct. Several different approaches will be presented.

Warm up:

1. Of all rectangles with perimeter 12 which one has maximum area?
2. What is the area of a regular hexagon of side length 2?
3. What is the area of a regular dodecagon of side length 1?
4. What properties of polygons with fixed perimeter seem to maximize area?
The isoperimetric quotient

- The isoperimetric quotient for a given a planar figure of area \( A \) and perimeter \( P \) is

\[
IQ = \frac{4\pi A}{P^2}
\]

Note that to maximize the area \( A \) of a planar figure with given perimeter \( P \) it is enough to maximize \( IQ \).

- Explain why this is equivalent to minimize the perimeter \( P \) among all planar figures of area \( A \).

- Compute \( IQ \) for a disc of area \( A \) and perimeter \( P \).

- Find a formula for the area for an \( 2m \)-gon with perimeter 12. Compute the corresponding \( IQ \). What happens to the formula as \( m \to \infty \)?

- Do you have a conjecture involving \( IQ \) which would prove that our guess is correct?
The isoperimetric inequality

**Theorem:** Given a planar figure of area $A$ and perimeter $P$

\[ 4\pi A \leq P^2 \]

Equality occurs if and only if the figure is a disc (that is the disc is the solution to the isoperimetric problem).

Explain why the shape (which maximizes IQ) should be convex (every line connecting two points on the boundary is contained in the shape).
An application from antiquity

Assuming that we have solved the isoperimetric problem what would you do if you found yourself in Princess Dido’s situation? Princess Dido, daughter of a Tyrian king and future founder of Carthage purchased from the North African natives an amount of land along the coastline *not larger than what an oxhide can surround*. She cut the oxhide into strips and made a very long string of length $L$. And then she faced the geometrical problem of finding the region of maximal area enclosed by a curve, given that she is allowed to use the shoreline as part of the region boundary. In the interior of the continent the answer would be the circle, but on the seashore the problem is different.
Hurwitz’s proof using the Wirtinger’s inequality

**Green’s theorem:** If $p$ and $q$ are differentiable functions on the plane and $Γ$ is a piecewise $C^1$ curve bounding the region $Ω$ then

$$\oint_{Γ} p \, dx + q \, dy = \iint_{Ω} (q_x - p_y) \, dx \, dy.$$

If we take $q = x$ and $p = 0$ then Green’s theorem says

$$\oint_{Γ} x \, dy = \iint_{Ω} dx \, dy = \text{Area}(Ω).$$

Suppose that the boundary curve $Γ$ has length $L$ and is parameterized by arclength. Thus there are two piecewise $C^1$ and $L$ periodic functions $x, y : [0, L] \rightarrow \mathbb{R}^2$ that satisfy

$$\left( \frac{dx}{ds} \right)^2 + \left( \frac{dy}{ds} \right)^2 = 1.$$
We convert $x(\cdot)$ and $y(\cdot)$ to $2\pi$ periodic functions:

$$f(\theta) = x\left(\frac{L\theta}{2\pi}\right), \quad g(\theta) = y\left(\frac{L\theta}{2\pi}\right)$$

$$\left(\frac{df}{d\theta}\right)^2 + \left(\frac{dg}{d\theta}\right)^2 = (f')^2 + (g')^2 = \frac{L^2}{4\pi^2}$$

Recall

$$\text{Area}(\Omega) = \oint_{\Gamma} x \, dy = \int_0^{2\pi} fg' \, d\theta =$$
Wirtinger inequality

**Theorem:** Let \( f : \mathbb{R} \to \mathbb{R} \) be a piecewise \( C^1 \) periodic function with period \( 2\pi \) (i.e. \( f(\theta + 2\pi) = f(\theta) \)). Let \( \bar{f} \) denote the mean value of \( f \)

\[
\bar{f} = \frac{1}{2\pi} \int_{0}^{2\pi} f(\theta) \, d\theta.
\]

Then

\[
\int_{0}^{2\pi} [f(\theta) - \bar{f}]^2 \, d\theta \leq \int_{0}^{2\pi} [f'(\theta)]^2 \, d\theta.
\]

Equality holds if and only if

\[
f(\theta) = \bar{f} + a \cos \theta + b \sin \theta
\]

for some constants \( a, b \).
End of Hurwitz’s proof using the Wirtinger’s inequality

\[ A = \text{Area}(\Omega) = \frac{1}{2} \int_0^{2\pi} \left( [f(\theta) - \bar{f}]^2 + [g'(\theta)]^2 - [f(\theta) - \bar{f} - g'(\theta)]^2 \right) d\theta \]

\[ \leq \frac{1}{2} \int_0^{2\pi} \left( [f(\theta) - \bar{f}]^2 + [g'(\theta)]^2 \right) d\theta \]

\[ \leq \frac{1}{2} \int_0^{2\pi} \left( [f'(\theta)]^2 + [g'(\theta)]^2 \right) d\theta = \frac{1}{2} \int_0^{2\pi} \frac{L^2}{4\pi^2} d\theta = \frac{L^2}{4\pi} \]
Fourier analysis

The central idea of Fourier analysis is to decompose a function into a combination of simpler functions. The simpler functions are the building blocks. Sine and cosine functions are examples of building blocks.

https://upload.wikimedia.org/wikipedia/commons/thumb/d/d1/Major_triad.svg/1200px-Major_triad.svg.png
Let $f : \mathbb{R} \to \mathbb{R}$ be a piecewise $C^1$ periodic function with period $2\pi$ (i.e. $f(\theta + 2\pi) = f(\theta)$). Can $f$ be expanded as a series of the form

$$f(\theta) = \frac{1}{2}a_0 + \sum_{n=1}^{\infty} (a_n \cos n\theta + b_n \sin n\theta) \ ?$$  \hspace{1cm} (1)

Recall that $e^{ix} = \cos x + i \sin x$. Thus

$$\cos n\theta = \frac{e^{in\theta} + e^{-in\theta}}{2} \quad \text{and} \quad \sin n\theta = \frac{e^{in\theta} - e^{-in\theta}}{2i}.$$ 

Thus (1) can be rewritten as

$$f(\theta) = \sum_{-\infty}^{\infty} c_n e^{in\theta} \hspace{1cm} (2)$$

where for $n \in \mathbb{N}$

$$c_0 = \frac{1}{2}a_0; \quad c_n = \frac{1}{2} (a_n - ib_n); \quad c_{-n} = \frac{1}{2} (a_n + ib_n) \hspace{1cm} (3)$$

equivalently

$$a_0 = 2c_0; \quad a_n = c_n + c_{-n}; \quad b_n = i(c_n - c_{-n}). \hspace{1cm} (4)$$
Assume $f$ admits a series expansion of the form (2), how can we compute $c_n$ in terms of $f$?
Fourier series

Let \( f : \mathbb{R} \to \mathbb{R} \) be a piecewise \( C^1 \) periodic function with period \( 2\pi \), the numbers \( a_n, b_n \) in (1) and \( c_n \) in (2) are called the Fourier coefficients of \( f \). The corresponding series

\[
\sum_{n=-\infty}^{\infty} c_n e^{in\theta} \quad \text{or} \quad \frac{1}{2} a_0 + \sum_{n=1}^{\infty} (a_n \cos n\theta + b_n \sin n\theta)
\]

is called the Fourier series of \( f \).

Here

\[
a_n = \frac{1}{\pi} \int_{-\pi}^{\pi} f(\zeta) \cos n\zeta \, d\zeta \quad b_n = \frac{1}{\pi} \int_{-\pi}^{\pi} f(\zeta) \sin n\zeta \, d\zeta \quad (5)
\]

\[
c_n = \frac{1}{2\pi} \int_{-\pi}^{\pi} f(\zeta) e^{in\zeta} \, d\zeta \quad (6)
\]
### Special cases

<table>
<thead>
<tr>
<th>$f$ even</th>
<th>$f(-\theta) = f(\theta)$</th>
<th>$a_n = \frac{2}{\pi} \int_0^\pi f(\theta) \cos n\theta , d\theta$</th>
<th>$b_n = 0$</th>
</tr>
</thead>
<tbody>
<tr>
<td>$f$ odd</td>
<td>$f(-\theta) = -f(\theta)$</td>
<td>$a_n = 0$</td>
<td>$b_n = \frac{2}{\pi} \int_0^\pi f(\theta) \sin n\theta , d\theta$</td>
</tr>
</tbody>
</table>

Compute the Fourier series for the following functions:

$$f(\theta) = \begin{cases} 
\pi - \theta & 0 \leq \theta \leq \pi \\
\pi + \theta & -\pi \leq \theta < 0
\end{cases} \quad f(\theta) = \begin{cases} 
1 & 0 < \theta < \pi \\
-1 & -\pi < \theta < 0
\end{cases}$$
Does the Fourier series of a periodic function $f$ converge to $f$?

For $N \in \mathbb{N}$ let

$$S_N^f(\theta) = \frac{1}{2} a_0 + \sum_{n=1}^{N} (a_n \cos n\theta + b_n \sin n\theta) = \sum_{n=-N}^{N} c_n e^{in\theta} \quad (7)$$

**Theorem:** If $f : \mathbb{R} \to \mathbb{R}$ be a piecewise $C^1$ periodic function with period $2\pi$, and $S_N^f$ is defined as in (7) with $a_n$, $b_n$ and $c_n$ defined as in (5) and (6), then

$$\lim_{N \to \infty} S_N^f(\theta) = \frac{1}{2} [f(\theta-) + f(\theta+)]$$

for all $\theta$. In particular,

$$\lim_{N \to \infty} S_N^f(\theta) = f(\theta)$$

for every $\theta$ at which $f$ is continuous.
Wirtinger inequality

**Theorem:** Let $f : \mathbb{R} \to \mathbb{R}$ be a piecewise $C^1$ periodic function with period $2\pi$,

$$
\bar{f} = \frac{1}{2\pi} \int_0^{2\pi} f(\theta) \, d\theta.
$$

Then

$$
\int_0^{2\pi} [f(\theta) - \bar{f}]^2 \, d\theta \leq \int_0^{2\pi} [f'(\theta)]^2 \, d\theta.
$$

Equality holds if and only if

$$
f(\theta) = \bar{f} + a \cos \theta + b \sin \theta
$$

for some constants $a, b$.

**Proof:** Let

$$
f(\theta) = \frac{1}{2} a_0 + \sum_{n=1}^{\infty} (a_n \cos n\theta + b_n \sin n\theta)
$$

where $a_0 = 2\bar{f}$ and

$$
\int_0^{2\pi} [f(\theta) - \bar{f}]^2 \, d\theta = \int_0^{2\pi} \left[ \sum_{n=1}^{\infty} (a_n \cos n\theta + b_n \sin n\theta) \right]^2 \, d\theta = \pi \sum_{n=1}^{\infty} (a_n^2 + b_n^2)
$$
\[ f'(\theta) = \sum_{n=1}^{\infty} (-na_n \sin n\theta + nb_n \cos n\theta) \]

\[ \int_0^{2\pi} [f'(\theta)]^2 \, d\theta = \pi \sum_{n=1}^{\infty} n^2 (a_n^2 + b_n^2) \] (Parseval’s equation)

\[ \int_0^{2\pi} [f'(\theta)]^2 \, d\theta - \int_0^{2\pi} [f(\theta) - \bar{f}]^2 \, d\theta = \pi \sum_{n=1}^{\infty} (n^2 - 1)(a_n^2 + b_n^2) \geq 0. \]

Equality occurs if

\[ (n^2 - 1)(a_n^2 + b_n^2) = 0 \]
either \( n = 1 \) or \( a_n = b_n = 0 \) for \( n \geq 2 \)

In this case

\[ f(\theta) = \bar{f} + a_1 \cos \theta + b_1 \sin \theta. \]